

The Balmain Working - Men's Institute

was established in 1865 for the purpose of moral, social and intellectual improvement.

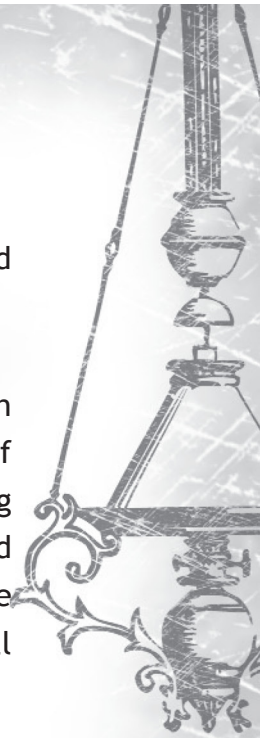
The present building designed by the architect Edward J. Bowen was commenced in 1887 and totally completed in 1895 at the cost of six thousand pounds. The building comprised a lecture hall seating 400, a billiard room with six full size tables, a library, chess and draughts room and a reading room. A contemporary account of the building described as "splendidly ventilated and replete with all modern requisites and appointments".

The Balmain Working - Men's Institute movement, together with the school of arts and mechanics institute originated in Britain with the aim of improving the education of working men and offered instruction in various trades. Later the aims broadened and the institutes became popular places of adult education and relaxation.

There were no conditions or limitations as to membership except "respectable behaviour and the opportunities afforded for passing the time enjoyable instead of aimless loafing".

In the years following the Great War the original purpose of the building, that of education, declined although the building retained its links with the labour movement and continued to offer its facilities for entertainment. The halls were available for dances and receptions whilst the lecture hall doubled during the great depression as the Balmain dole office. In more recent times the building housed two union offices and the faded signs advertising the ironworkers and shipbuilding unions can still be found on the facade of the building.

After a decade as a clothing factory the building has now been carefully restored and remodelled to house a shopping arcade, offices and La Bohème Restaurant & Café which occupies the original lecture hall.





La Bohème

Restaurant & Café

European experience at your door step

www.laboheme.net.au

SPECIALS

Wednesday

Schnitzel Night - Build your own Schnitzel Meal \$19.90

Thursday

Schnitzel Night - Build your own Schnitzel Meal \$19.90

Friday

Live Music starts at 7pm

Friday, Saturday, Sunday

Lunch - Main & Dessert \$29.90

Sunday

Belgian Beer Mussels for Two \$29.00

Add a Glass of selected Wine \$5.00

Open for Breakfast & Lunch on Fri, Sat, Sun

Fully licensed
B.Y.O. available Wednesday and Thursday (Wine only)
Corkage \$3.00 p.p. Cakeage \$ 2.00 p.p.
All Prices are GST inclusive.

SCHNITZEL NIGHT \$19.90 SPECIAL

Sample One of our Delicious Schnitzels
every Wednesday & Thursday Night.

It is your Choice of:

Chicken

or

Pork

or

Veal

WITH

Mash Potato *

or

French Fries *

or

Roasted Potatoes *

WITH

Mushroom Sauce

or

Home made

Gravy

or

Home made

Tartar Sauce

or

Pepper Sauce

* Substitute any of the Side Dishes with:

Mixed Salad or

Roasted Vegetables or

Warm Baby Beetroot Salad or

Potato Gratin or

Mushroom Risotto or

Sauerkraut

For additional \$2.00 per serve

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Bohemian Beer Matches

Excellent as an entree or on their own with a drink

Pretzel - Traditional German Beer Pastry with Herb Butter \$4.50

Crunchy Button Mushrooms stuffed with Blue Cheese \$12.90

Served with Home-made Tartar Sauce

Herbs Marinated Camembert with Fruit Loaf \$14.90

Recommended to Share

Bohemian Style Duck Livers with Sauteed Onion & Rye Bread \$12.90

Served Chilled

“Skvarky” Delicious Home-made Duck Spread \$8.50

with Groove Salad & Bread Roll

“Utopenec” Traditional Czech Delicacy served with Beer \$11.90

Veal Sausage Marinated in Onion, Vinaigrette & Spices with Rye Bread

Cheese Plate Half Plate \$14.90 Full Plate \$28.00

European Cheeses with Muscatel & Fruit Loaf

Butcher's Board For One \$17.50 For Two or More \$29.90

Selection of Cold Meat & Cheese with Rye Bread

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Entrée

Almond, Paprika & Herbs Cheese Balls with Fruit Loaf	\$11.90
Norwegian Smoked Salmon <i>with Cherry Tomato & Olives Relish, Herbs Dressing & Cucumber Salad</i>	\$13.90
Garlic & Chilli King Prawns with Home-made Lemon Aioli	\$15.90
Duck Liver Pate wrapped in Gypsy Ham <i>with Spiced Apples & Rye Toast</i>	\$13.90
“Teufel Toast” translates as Devil’s Toast <i>Spicy finely chopped Meat with rich Vegetable Sauce over Toast</i>	\$13.90
Steak Tartar 60g <i>Grain Fed Beef Eye Fillet with Herbs & Spices served Raw with Garlic Rye Toast</i>	\$15.90
French Snails in Almond Garlic Butter	½ dozen \$13.90 1 dozen \$24.90

Salads

“Sopsky” Salad	Sml \$8.90	Lrg \$12.90
<i>Popular Eastern European Salad of Tomato, Cucumber & Capsicum with Sheep Feta Cheese</i>		
Mixed Green Salad with Yoghurt & Herbs Dressing	\$11.90	
Mixed Green Salad with Grilled New Zealand Salmon	\$17.90	
Salad of Mixed Greens, Grilled Chicken, Feta Cheese with Spicy Apples & Walnuts	\$17.90	
Prague's Salad	\$15.90	
<i>crispy Greens with Ham & Cheese Roulade, hardboiled Egg and Herb Croutons</i>		

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Mains

Grilled Salmon Fillet with Cherry Tomato & Olives Salad \$29.90
Served with Mushroom Risotto

Belgian Beer Mussels in Provencale Sauce \$24.90
Served with French Fries & Home-made Mayonnaise

Char Grilled Duck Breast with Walnut & Honey Crust \$28.90
Served with Red Cabbage, Potato Gratin & Spiced Apples

Chicken Breast Stuffed with Camembert Cheese & Cranberries \$26.90
Served with Potato Gratin, Topped with a King Prawn

Steak Tatar (120g) \$29.90
Grain Fed Beef Eye Fillet served raw with an Egg, Herbs, Spices & Garlic Rye Toast

Beef Eye Fillet Stroganoff \$27.90
Served with Mushroom Risotto

Beef Eye Fillet Medallions \$28.90
Served with Mash Potato, Roasted Vegetables & Pepper Sauce

Char Grilled Grain Fed Beef Eye Fillet \$31.90
Served with Potato Gratin, Warm Baby Beetroot Salad & Home-made Gravy Sauce

Platter of Grilled Chicken Breast For One \$29.90 For Two \$58.00
Veal & Beef Medallion, topped with a King Prawn
Served with Mash Potato, Roasted Vegetables, Warm Beetroot Salad & Home-made Gravy Sauce

House Specials

Golden Roasted Duck ¼ of duck \$21.90 ½ of duck \$28.90

Based on an Old Czech Recipe

accompanied by Red Cabbage, Sauerkraut, Potato & Speck Dumplings

Grilled Pork Knuckle \$24.90

Served with Mustard, Horseradish & Bavarian Bread

Crispy Pork Belly with traditional Bohemian Stuffing \$24.90

Served with Sauerkraut & Roasted Potatoes

German Style Roast Loin of Pork \$21.90

Served with Red Cabbage & Selection of Dumplings

Hungarian Beef Goulash \$19.90

with Bread Dumplings

“Svickova” Braised Beef in Root Vegetable Sauce \$22.90

Served with Cranberry Sauce & Bread Dumplings

Bavarian Feast Platter For one \$29.90 For two \$58.00

Chef’s Selection of Duck, Schnitzel, Crispy Pork Belly & Veal Sausages

with Sauerkraut, Red Cabbage & Mixed Dumplings

Dumplings \$2.00

Serve of Two Bread or Potato or Speck Dumplings

Vegetarian Meals

Spinach & Mushroom Risotto with Sheep Feta Cheese \$21.90

Vegetarian Schnitzel \$19.90

Served with Mash Potato, Roasted Vegetables,

Warm Beetroot Salad & Herbs Dressing

Crumbed Edam Cheese \$22.90

Served with French Fries, Home-made Tartar Sauce & Side Salad

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Tour of Europe

Let us take you for a culinary trip around Central Europe

Sample one of the Schnitzels as it is served in their Home Country with a matching Beer.

GERMANY

Jager Chicken Schnitzel with Mash Potato & Mushroom Sauce \$22.90

Recommended with Schofferhofer Beer on the Tap 0.5l \$8.90

POLAND

Pork Schnitzel with Roasted Potatoes, Sauerkraut & Gravy \$22.90

Recommended with Zywiec Pale Lager 0.5l \$8.90

CZECH REPUBLIC

Pork Schnitzel with Mash Potato, Tartar Sauce & Cucumber Salad \$22.90

Recommended with Budvar Lager on the Tap 0.5l \$8.50

AUSTRIA

Veal Schnitzel with Roasted Potatoes, Pepper Sauce & Lemon \$24.90

Recommended with Gosser Pale 0.33l \$6.90

HUNGARY

Veal Schnitzel with Chips & Spicy Gypsy Sauce \$24.90

Recommended with Dreher Classic 0.5l \$8.90

Sides

Side Dishes \$6.00

Roasted Baby Potatoes
Mash Potato
French Fries

Side Dishes \$6.50

Mushroom Risotto
Roasted Vegetable
Warm Baby Beetroot Salad
Sauerkraut or Red Cabbage
Cucumber Salad with Sour Cream
Plate of Pickles, Beetroot & Hot Fefferoni Peppers

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Desserts

Hot Raspberries served on Vanilla Ice Cream	\$11.90
Belgian Chocolate Mousse	\$12.90
Traditional Czech Crepes Suzette	\$13.50
Home-made Warm Apple Strudel <i>with Walnuts & Vanilla Ice Cream</i>	\$12.90
Dessert Tasting Plate	\$19.90

Dessert Wine

07 Deen De Bortoli, VAT 5 Botrytis Semillon, NSW	glass \$8.90	Btl 375ml \$41.00
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Fortified Wine

Galway Pipe Tawny	\$7.00
Penfolds Grandfather Port	\$14.90

Cognac & Brandy

Hennessy V.S.O.P.	\$13.90
Armagnac Nismes Delclou X.O.	\$14.90
Calvados Chateau du Breuil V.S.O.P.	\$12.90
Asbach Uralt Fine Old German Brandy	\$8.90

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Coffee - Allpress Organic

Espresso, Long Black, Macchiato, Cappuccino, Cafe Late, Flat White, Mocha	\$4.00
Hot Chocolate, Vienna Coffee	\$4.50
Iced Chocolate, Iced Coffee	\$5.50
Iced Mocha	\$5.90
Decaffeinated Coffee or Soy Milk	extra 50c
Turkish Coffee - the Czech way	\$4.00
Affogato	
Scoop of Vanilla Ice Cream topped with Hot Espresso	\$5.00
or with a Shot of your favourite Liquor	\$9.90
Cafe Boheme Coffee	\$9.90
<i>Black Coffee with a delicious French Liquor topped with Whipped Cream</i>	
Liquor Coffee	\$9.90
<i>Black coffee with your choice of liquor - Ballantine's, Barenjager, Bailey's, Kahlua, Amaretto topped with Whipped Cream</i>	

Tea - Australian Organic Loose Leaf Tea \$4.00

- English Breakfast
- Earl Grey
- Green tea & Mixed Berries
- Chamomile
- Peppermint

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Summer Coolers

Green Fairy <i>Absinth and Orange Juice</i>	\$9.90
Apple Fairy <i>Absinth, Apple Schnapps and Apple Juice</i>	\$9.90
Beton <i>Becherovka Liqueur and Tonic with Slice of Lemon</i>	\$8.90
Born 1807 <i>Griotka, Becherovka Liqueur, Amaretto, Apple Juice</i>	\$9.90
Bavorak <i>Fernet and Tonic with Slice of Lemon</i>	\$8.90
Red Moon <i>Becherovka Liqueur, Blackcurrant Juice, Soda Water</i>	\$8.90
Bloody Mary <i>Vodka & spiced Tomato Juice</i>	\$8.90
XOXO Cocktail <i>Xoxo Strawberry Vodka topped up with Sparkling Wine</i>	\$9.90

Winter Warmers

Asbach the Hot Original <i>Served with Black Coffee & Whipped Cream</i>	\$10.90
Asbach the Cool Delight <i>Served with Black Coffee & Vanilla Ice Cream</i>	\$11.90
Svarak - Gluhwein <i>Spiced Hot Red Wine, Cinnamon & Lemon</i>	\$8.50
Grog <i>Czech Rum & Black Tea with Lemon</i>	\$7.90

Fun Drinks

B52 <i>Kahlua, Bailey's & Absinth</i>	\$9.90
Traffic - Light <i>Griotka, Orange Juice & Absinth</i>	\$9.90
Ferrari <i>Griotka & Absinth</i>	\$9.90

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Beer on Tap

Tasting Tray of European Beers \$15.90

Sampling Tray of 4 European Beers on the Tap (150 ml each)

	0.3l	0.4l	0.5l	1l
Krusovice Lager	\$5.90	\$6.90	\$8.50	\$14.90

Premium Czech beer of pale gold colour with delicious bitter taste and an excellence head.

Alc. Vol. 5.3%

Budvar Lager	\$5.90	\$8.50	\$14.90
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The Original Czech Budvar Lager, uniquely balanced smooth hoppy flavor. Est. 1895 Alc. Vol. 5%

Köstrizer Dark	\$5.90	\$8.50
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Traditional product of German Brewery, full, sweet caramel taste and a light hop flavour. Alc. Vol 4.8%

Schofferhofer Hefeweizen	\$6.90	\$8.90
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Traditional German cloudy wheat beer with slightly spicy nose, citrus hint and a fragrant head.

Alc. Vol 5%

Cut Beer <i>½ light ½ dark</i>	\$5.90	\$6.90	\$8.50	\$14.90
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Shandy Beer & Sprite	\$5.90	\$6.90	\$8.50	\$14.90
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Diesel Beer & Coke	\$5.90	\$6.90	\$8.50	\$14.90
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Bottled Beer

CZECH REPUBLIC

Pilsner Urquell	0.33l	\$7.50
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World's first golden beer, intensely hoppy, with a balance of subtle sweetness and velvety bitterness. Est. 1842. Alc. Vol. 4.4%

Zlatopramen 11°	0.5l	\$8.50
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Premium light lager. A beer full of malt taste, brilliant gold appearance, mild hoppy aroma and pleasant bitterness. Est. 1642. Alc. Vol 4.8%

Kozel Lager	0.5l	\$8.50
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High quality lager with a pleasantly bitter taste, gentle malt and hops aroma with a perfect spark. Est. 1874. Alc. Vol. 4.8%

Kozel - Dark	0.5l	\$8.50
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This beer is produced from special dark malts which is the reason why its foam is dark. It has a caramel taste with a hoppy flavor and a dark brown colour. Kozel Dark has won seven "Dark Beer of the Year" awards. Est. 1874. Alc. Vol. 3.8%

Budvar Dark	0.5l	\$8.50
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It is characterized by its significant dark colour, dry, fine bitter caramel flavour without dominant sweetness, The flavour is made delicious by the roasted malt Est. 1895, Alc. Vol. 4.7%

SLOVAKIA

Golden Pheasant (Zlaty Bazant) Lager Beer	0.5l	\$8.90
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Pilsner type lager with delicate hoppy aroma and moderate bitterness. Est. 1967. Alc. Vol 5%

POLAND

Zywiec Pale Lager	0.5l	\$8.90
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The most popular of Polish Beer. Traditionally sold in 0.5l bottles. Est. 1856. Alc. Vol. 5.7%

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HUNGARY

Dreher Classic 0.5l \$8.90
Good crisp Pilsener which can be put on a par with the likes of Staropramen. Alc. Vol 5.5%

AUSTRIA

Gosser Pale 0.33l \$7.50
Fine Austrian Pilsner with light body, golden colour and crisp hop bitterness. Est. 1860. Alc. Vol. 5.2%

GERMANY

Paulaner Lager 0.33l \$7.50
It is the best sold German lager beer in the world. It has fine aroma, subtle, spicy and naturally hearty taste with full flavor. Est. 1634. Alc. Vol. 4.9%

Erdinger HEFEWEIZEN 0.5l \$9.90
Cloudy wheat beer with smooth malt background and rich yeast flavour. Est. 1886. Alc. Vol. 5.3%

Erdinger Dunkel 0.5l \$9.90
The utmost care is taken with the filtering process to guarantee a crystal - clear wheat beer free from yeast sediment in the bottle. Est. 1886. Alc. Vol 5%

Clausthaler 0.33l \$5.50
Light aromatic light bodied lager with soft feel and dry finish.

Heil Cider 0.33l \$7.50
A golden cider. The aroma is dominated by apple juice. The flavor is sweet, leading to a lightly tart finish. Alc. Vol 5.3%

BELGIUM

Duvel 0.33l \$11.90
Best known Artisan drink in Belgium. Gold Ale with fine aromas and subtle bitterness. Est. 1871. Alc. Vol. 9%

Kwak 0.33l \$11.90
Created in 1791, made with double high fermentation. Served in an Unique glass and Wooden bracket. Est. 1791. Alc. Vol. 8%

Delirium Tremens 0.33l \$12.90
Elected Best Beer in the World! Full bodied palate and a dry finish with subtle hops flavours. Alc. Vol. 8.5%

Satan Gold 0.75l \$24.90
The beer lover's most beloved beer with golden-yellow sunny colour and fruity taste. Round, fine taste with a touch of bitterness, spicy, complex with most carefully elected hops and spices. Est. 14th Century. Alc. Vol. 8%

BELGIAN FRUIT BEER

FLORIS Cherry 0.33l \$9.50
The content of morello cherries leaves a small tone of bitterness at the end of the palate. Alc. Vol. 3.5%

FLORIS Apple 0.33l \$9.50
An authentic apple beer from Belgium. The flavour is dry, complex and unlike any other beer. Alc. Vol. 3.5%

FLORIS Passion 0.33l \$9.50
Exotic composition of the fruits of passion, flavor and savor marry perfectly in this rich flavored beer with pleasant aftertaste. Alc. Vol. 3.5%

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White Wine

	Glass	Bottle
11 La Boheme Act One Semillon, Sauvignon Blanc, Rolle, Yarra Valley, VIC	\$8.90	\$42.00
10 Aorangi Road, Sauvignon Blanc, Hawke's Bay, NZ	\$8.50	\$34.00
10 Kapai Sauvignon Blanc, Marlborough, NZ	\$9.50	\$42.00
08 Maven Sauvignon Blanc, Marlborough, NZ		\$42.00
05 Murchison Late Harvest Riesling, Goulburn Valley, VIC		\$38.00
10 Yanyarrie Riesling, Barossa Valley, SA	\$8.50	\$34.00
10 Corte Giara Pinot Grigio, Veneto, Italy	\$8.50	\$36.00
08 Pirie South Estelle Riesling, Gewurztraminer, Pinot Gris, TAS		\$38.00
10 Massoni Chardonnay, Mornington Peninsula, VIC	\$8.90	\$42.00
10 "Pepik" Josef Chromy Chardonnay, Relbia, TAS		\$38.00

Red Wine

11 La Boheme Act Two Dry Pinot Rose, Yarra Valley, VIC	\$8.90	\$42.00
09 Patriarch Pinot Noir, Cotes Du Rhone, France	\$9.00	\$39.00
08 White Box Pinot Noir, Yarra Valley, VIC		\$39.00
10 "Pepik" Josef Chromy Pinot Noir, Relbia, TAS		\$42.00
09 The Moonvine Walter Clapis, Merlot, Shiraz, Cabernet, McLaren Vale, SA	\$8.90	\$39.00
10 "V" The Legend of Transylvania Merlot, Cabernet Sauvignon, Romania		\$39.00
10 Vasse Felix Cabernet Merlot, Margaret River, WA		\$40.00
06 Vitae Sangiovese, Puglia, Italy	\$8.50	\$34.00
08 Patriarche Grenache Shiraz, Cotes Du Rhone, France		\$39.00
09 Jim Barry 3 Little Pigs Shiraz, Cabernet Malbec, Clare Valley SA		\$39.00
10 Maxwell's Silver Hammer Shiraz, McLaren Vale, SA		\$42.00
08 Catharina Neil Hahn Shiraz, Barossa Valley, SA		\$55.00
10 Yanyarrie Shiraz, Barossa Valley, SA	\$8.50	\$34.00
08 Cape Naturaliste Cabernet Sauvignon, Margaret River, WA		\$42.00
07 Yanyarrie Cabernet Sauvignon, Barossa Valley, SA	\$8.50	\$34.00
05 Saxon Estate Cabernet, Barossa Valley, SA		\$39.00

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Champagne & Sparkling Wines

	Glass	Bottle
NV Pol Roger, Epernay, France		\$110.00
NV Louis Perdrier Brut Excellence, Cote de Or, France	\$8.90	\$42.00
NV Conca d'Oro Prosecco, Di Valdobbiadene, Italy	\$8.50	\$36.00

Non - alcoholic Beverages

MINERAL WATER

Still Mineral Water	330ml	\$3.90
Sparkling Mineral Water	330ml	\$3.90
Still Mineral Water	1l	\$6.90
Sparkling Mineral Water	1l	\$6.90

SOFT DRINKS

Coca Cola, Diet Coke, Coke Zero, Sprite, Lift		\$3.90
Tonic Water		\$3.50
Lemon - Lime & Bitters	300ml	\$4.50
Red Bull	330ml	\$4.90

JUICES

Apple, Orange, Blackcurrant, Tomato		\$4.50
Virgin Mary - Spiced Tomato Juice		\$5.50

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Spirits and Liquors

Slivovice Jelinek 10 years old Alc. 50%	\$7.90
Tresnovice Jelinek - Cherry brandy	\$7.50
Williams Pear Brandy	\$7.50
Carlsbad Becherovka	\$7.50
Fernet Stock Original	\$6.90
Fernet Stock Citrus	\$6.90
Underberg 20ml (World-wide symbol for well-being)	\$5.90
Jägermeister	\$6.50
Czech Absinth Green Fairy Alc.60%	\$9.50
Austrian Stroh Rum	Alc.60% \$7.90 / 80% \$9.90
Traditional Czech Rum - Tuzemsky Rum	\$6.50
Stolichnaya Vodka	\$6.50
Beefeater London Dry Gin	\$6.50
Tequila Gold	\$7.90
Havana Club Blanco	\$6.50
Jim Beam	\$7.50
Jack Daniels	\$7.50
J. Walker Black Label	\$8.50
Ballantine's	\$6.50
Glenfiddich 12 years	\$8.90
Berentzen Sauer Apple	\$6.50
Griotka Cherry Liquor	\$6.50
Barenjager Honey Liquor	\$6.50
Sambuca	\$6.50
Cointreau	\$6.50
Bailey's	\$6.50

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